**Physics 11 Student checkpoint Log**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Topic | Warm Up Score | | | Plan for Improvement |  |
| 1) Relative Velocity and Speed |  |  |  |  | |
| 2) Independent Perpendicular Vectors |  |  |  |  | |
| 3) Type 1 Projectiles |  |  |  |  | |
| 4) Type 2 Projectiles |  |  |  |  | |
| 5) Type 3 Projectiles |  |  |  |  | |

Kinematics is 2D

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STUDENT: Please highlight one of the columns that you feel reflects your progress in this unit.** | ***I was unable to demonstrate an understanding of the concepts covered in this unit.*** | **Novice** | **Learner** | **Practitioner** | **Expert** |
| I have ***struggled to*** demonstrate an understanding of the concepts in this unit. | I have ***somewhat*** demonstrated an understanding of the concepts covered in this unit. | I have ***mostly*** demonstrated an understanding of the concepts in this unit. | I have demonstrated a ***strong*** and ***complete*** understanding of the concepts covered in this unit. |
| **TEACHER: Please do not write in these rows!** | ***Learner was unable to reflect in any ways described to the right*** | **Novice** | **Learner** | **Practitioner** | **Expert** |
| Learner can rarely evaluate their own strengths & weaknesses.  Learner does not have a clear view on how to improve their learning | Learner can somewhat evaluate their own strengths & weaknesses.  Learner has a somewhat clear view on how to improve their learning | Learner can evaluate their own strengths & weaknesses.  Learner has specific ideas on how to improve their learning | Learner can evaluate their own strengths & weaknesses consistently and independently.  Learner has specific and comprehensive ideas on how to improve their learning |